



International Clergy Lay Minister Certification

Training Outline

The Clergy / Lay Ministers Certification (12 hours) is designed to provide basic knowledge about gambling addiction and treatment *and* recovery resources, to enhance the clergy person's skills at recognizing disordered gambling, and to provide information for the gambler's family on dealing with their loved one's addiction. With specialized training leading to national/international certification, knowledgeable clergy/faith-based workers, can offer guidance, educational materials, support, hope, spiritual care, and other resources.

CLINICAL (8 hours)

- 1) BASIC KNOWLEDGE OF PROBLEM AND DISORDERED GAMBLING
 - A) History of Gambling and Definition of Gambling and Disordered Gambling
 - B) Subtypes & Pathways Models
 - C) Screening Tools (SBIRT, Lie/Bet, etc.)

 - D) Stages of a Gambling Problem
 - E) Public Awareness and Perception of Gambling; Impact of Advertising
 - 1) Advertising Impact
 - 2) Current Trends (sports betting, gaming, virtual formats)
 - F) Cultural Diversity and Tailored Prevention
 - 1) Youth
 - 2) Older Adults
 - 3) Racial and Ethnic Diversity
 - 4) Veterans
 - 5) Women
 - G) Spiritual Issues: Guilt, Shame,
 - H) Connecting/ Disconnecting with Reality and Responsibilities
- 2) GAMBLING AS ADDICTION
 - A) Similarities and differences with Substance Use Disorders
 - B) Suicide and Gambling
 - C) Co-occurring disorders
 - D) Recovery Signs and Problems
 - 1) Financial Issues
 - 2) 12 Step Recovery
 - 3) Recovery Oriented Systems of Care

- 4) Stages of Change
- 5) Evidence-Based Treatment (CBT, Self-Regulation, Harm Reduction)
- 6) Peer Recovery Models (GA, GAM-ANON, Smart Recovery)
3. How to Have the Conversation with the Gambler/Family Support
4. Developing Community Wellness and Spiritual Outreach in Problem Gambling/Gambling Disorder and Co-Occurring Mental Health Concerns

SPIRITUAL (4 hours)

Module 1: Guilt, Shame, Connecting
Disconnecting with Reality and Responsibilities

Module 2: Secrecy and Trust Dynamics
Forgiveness/Trust/Doubt/Fear

Module 3: Concepts of Hope and New Life, Making Amends, Twelve Steps
Spiritual Implications and Responses
Steps 4 and 5--Perspectives for the Faith/Spiritual or Indigenous Healer

Module 4: Meaning and Purpose, Framework for Recovery
Faith-based/Spiritual and Indigenous Healing Addiction Ministries